

Meeting rooms 2026



BRUSSELS

For your meetings, lectures, conferences or seminars, we offer 3 large rooms for up to 100 people, equipped with digital projectors and large screens, paper flipcharts, microphones and amplifier... Wheelchair Friendly. Lifts and wide doorways.

Sleep Well is centrally located in the heart of Brussels, next to the metro station Rogier, behind the shopping mall City 2 and 10 minutes walk from the Brussels North station.

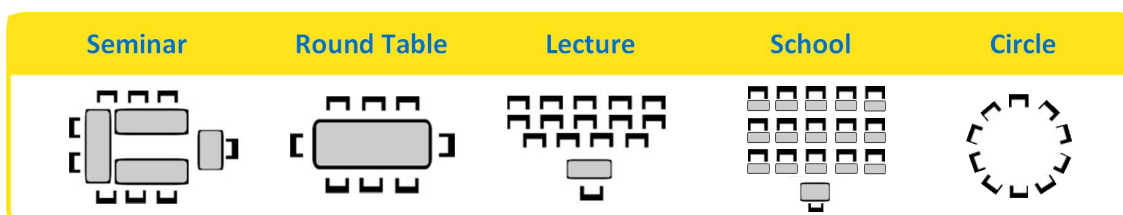
PRICES & CONDITIONS

Rooms	Max. capacity	Non-profit organisations and Sleep Well's groups		Private organisations	
		1/2 day	1 day	1/2 day	1 jday
Nelson Mandela	100	270€	320€	470€	530€
Rosa Parks	40	210€	240€	285€	330€
Elisabeth Freeman	16	190€	220€	265€	320€

Non-profit : non profit organisations, public institutions/services, Sleep Well's clients (accommodation) .

Private organisations : companies and organisations of a commercial nature.

ROOMS SETUP STYLES



AUDIOVISUAL EQUIPMENT

The equipment is provided free of charge*: video, overhead projector, sound system, beamer, DVD/CD player, microphones (mobile or fixed), big screen, paperboard. Free WIFI available in all the meeting rooms.

*Any equipment lost, damaged by accident, incorrect use or deliberately by a third party, will be the subject of compensation equal to the new purchase price or repair cost of the equipment.

CATERING

Breakfasts, organic/fairtrade coffee breaks, cold drinks, apéritif.

By reservation only and for groups of minimum 5 people.

You can use your own catering services, can set the delivery at Sleep Well and eat in our breakfast room but we do not provide the dishes and or access to our kitchen.

Sleep Well Youth Hostel
Rue du Damier 23 1000 Brussels | Belgium
www.sleepwell.be



Contact & Booking
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Nelson Mandela Meeting room 145 m²

Capacity: lecture 100 pax, seminar 34 pax, round table 44 pax, classroom 70 pax, circle 40 pax



Rosa Parks Meeting room 44 m²

Capacity: lecture 40 pax, seminar 28 pax, round table 32 pax, classroom 24 pax, circle 30 pax



Elisabeth Freeman Meeting room 30 m²

Capacity: seminar 14 pax, round table 16 pax, circle 14 pax

