

# Meeting rooms 2025



BRUSSELS

For your meetings, lectures, conferences or seminars, we offer 3 large rooms for up to 100 people, equipped with digital projectors and large screens, paper flipcharts, microphones and amplifier... Wheelchair Friendly. Lifts and wide doorways.

Sleep Well is centrally located in the heart of Brussels, next to the metro station Rogier, behind the shopping mall City 2 and 10 minutes walk from the Brussels North station.

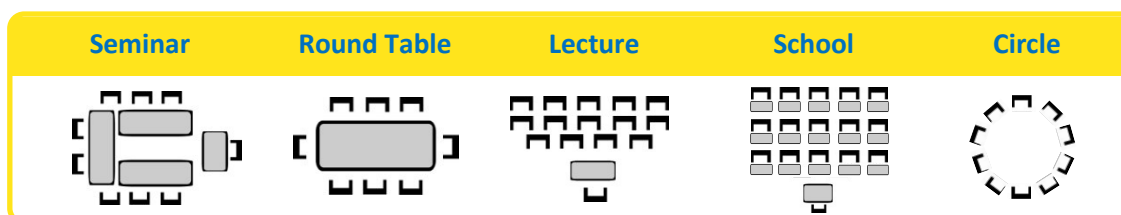
## PRICES & CONDITIONS

Rooms	Max. capacity	Non-profit organisations and Sleep Well's groups		Private organisations	
		1/2 day	1 day	1/2 day	1 jday
Nelson Mandela	100	250€	310€	460€	520€
Rosa Parks	40	200€	230€	280€	320€
Elisabeth Freeman	16	185€	210€	255€	310€

**Non-profit** : non profit organisations, public institutions/services, Sleep Well's clients (accommodation) .

**Private organisations** : companies and organisations of a commercial nature.

## ROOMS SETUP STYLES



## AUDIOVISUAL EQUIPMENT

The equipment is provided free of charge\*: video, overhead projector, sound system, beamer, DVD/CD player, microphones (mobile or fixed), big screens, paperboards. Free WIFI available in all the meeting rooms.

\*Any equipment lost, damaged by accident, incorrect use or deliberately by a third party, will be the subject of compensation equal to the new purchase price or repair cost of the equipment.

## CATERING

Breakfasts, organic/fairtrade coffee breaks, cold drinks, apéritif.

You can use your own catering services if you wish to order the sandwiches yourself. You can set the delivery at Sleep Well and eat in our breakfast room but we do not provide the dishes and or access to our kitchen.

Sandwich catering proposal : **CROC & MOI**

To order please contact Julien directly on +32 473 21 03 13 or [julienounoughi@hotmail.com](mailto:julienounoughi@hotmail.com)

You can order up to 3 working days before delivery.

Sleep Well Youth Hostel  
Rue du Damier 23 1000 Brussels | Belgium  
[www.sleepwell.be](http://www.sleepwell.be)



Contact & Booking  
Sabina Najafova | +32 2 226 57 36  
[administration@sleepwell.be](mailto:administration@sleepwell.be)

## Nelson Mandela Meeting room 145 m<sup>2</sup>

Capacity: lecture 100 pax, seminar 34 pax, round table 44 pax, classroom 70 pax, circle 40 pax



## Rosa Parks Meeting room 44 m<sup>2</sup>

Capacity: lecture 40 pax, seminar 28 pax, round table 32 pax, classroom 24 pax, circle 30 pax



## Ellsabeth Freeman Meeting room 30 m<sup>2</sup>

Capacity: seminar 14 pax, round table 16 pax, circle 14 pax

